

CRISIS SUPPORT RESOURCES IN SINGAPORE

Danger to Self or Others

Service	Contact Number	Website
Police	999 (Emergency)	www.police.gov.sg
SOS (Samaritans of Singapore) - Suicide Prevention	1800 221 4444 (24Hr)	www.sos.org.sg

Mental Health Crisis

Service	Contact Number	Website
IMH (Institute of Mental Health) - Mental Health Helpline	6389 2222 (24Hr)	www.imh.com.sg

Counselling and Support Centres for Family Violence

Service	Contact Number	Website	Address
PAVE	6555 0390	www.pave.org.sg	Blk 211 AMK Ave 3 #01-1446 Singapore 560211 Blk 305 #01-175 Yishun Central Singapore 760305
TRANS	6449 9088	www.trans.org.sg	Blk 410 Bedok North Ave 2 #01-58 Singapore 460410
Care Corner Project Start	6476 1482	www.carecorner.org.sg	Blk 7A Commonwealth Ave #01-672 Singapore 141007

Child Protection – Abuse or Neglect

Service	Contact Number	Website	Address
MSF Child Protective Service	1800 777 0000	www.msf.gov.sg	N/A
Tinkle Friend Helpline	1800 274 4788	www.tinklefriend.sg	N/A
Big Love Child Protection Specialist Centre	6445 0400	www.biglove.org.sg	Blk 7A Lor 8 Toa Payoh #02-05/06 Agape Village Singapore 319264
Fei Yue Child Protection Specialist Centre	6819 9170	www.fyccs.org	20 Lengkok Bahru #03-02 Enabling Village Singapore 159053



Addiction

Service	Contact Number	Website
National Addictions Management Service (Part of IMH)	6732 6837	www.nams.sg
The Cabin Singapore (Addiction & Wellbeing Treatment)	3158 7621	www.thecabinsingapore.com.sg
We Care (Community based addiction centre)	3165 8017	www.wecare.org.sg
Promises Healthcare (Addiction Specialists)	6397 7309	www.promises.com.sg

Others

Service	Contact Number	Website	Address
AWARE – Support for women – sexual assault, workplace harassment and discrimination	1800 777 5555	www.aware.org.sg	Blk 5 Dover Crescent #01-22 Singapore 130005
PCS (Pregnancy Crisis & Support) – Women with unexpected pregnancies	6339 9770	www.familylife.sg	2 Highland Road LG-01 Singapore 549102
ComCare – Financial assistance for low-income individuals & families	1800 222 0000	www.msf.com.sg/comcare	N/A
The Senior Helpline – Counselling for seniors (50+)	1800 555 5555	www.sagecc.org.sg	1 Jurong West Central 2 #06-04 Jurong Point Shopping Centre Singapore 648886
HOME (Humanitarian Organisation for Migration Economics) – Support for migrant workers who suffer abuse & exploitation	6341 5525 1800 797 7977 (domestic workers)	www.home.org.sg	Domestic worker helpdesks: <ul style="list-style-type: none"> • 111 North Bridge Road #05-42 Peninsula Plaza • 304 Orchard Road #6-22 Lucky Plaza • 810 Geylang Road #02-95 City Plaza • Migrant worker helpdesk: 495 Geylang Road #02-01

